ARE YOU BETWEEN 18-52? YOUR FOODSHARE HAS TIME LIMITS

You will only be able to receive FoodShare for 3 months every 36 months.

Do any of the following apply to you?

Work and Training Exemption
☐ I am working a minimum of 80 hours per month
☐ I participate in an allowable work or training program at least 80 hours per month
☐ I am doing volunteer work or community service work
Age related exemption
☐ I am under the age of 18 or over the age of 52
☐ I live with a child under the age of 18
☐ I am between the ages of 18 and 24 and was in foster care when I turned 18
Health Related Exemption
☐ I am pregnant (any stage of pregnancy)
☐ I am physically or mentally unable to work 20 hours per week
☐ I am in an Alcohol or Drug Abuse (AODA) Treatment or Rehabilitation Program
Caretaker Exemption
☐ I am the primary caretaker of a child under 6 or an incapacitated person
Status Exemption
☐ I am homeless (lack a fixed and regular nighttime residence)
☐ I am a veteran (U.S. Armed Forces)
☐ I am a student and go to school at least half-time
☐ I have applied for or am receiving Unemployment Compensation

If you checked any of these boxes, you are exempt from the ABAWD Work Requirements for FoodShare.

Talk with an advocate to see how you can best report your exemption. Call or visit one of our FoodShare Resource Centers



