

Healthy! HOLIDAY DONATIONS

SUPPORT HEALTHY EATING AND HUNGER TASK FORCE'S MyPlate INITIATIVE BY KEEPING YOUR FOOD DONATIONS HEALTHY AND NUTRITIOUS THIS HOLIDAY SEASON.

During Food For Families, look for one of these six healthy food items when choosing your holiday donations.



• Peaches in 100% Juice



• Green Beans, Low Sodium



• Peanut Butter



• Brown Rice
• Breakfast Cereal, No Sugar Added



• 1% Low Fat/Skim Boxed Milk



These specific foods are selected to accommodate the need within our network and are based on the biggest shortfall of items currently donated.

DOdate	DON'Tnate
Whole Wheat Pasta & Spaghetti Sauce	Ramen Noodles or Mac 'n Cheese
Low Sodium Vegetables or Brown Rice	Chef Boyardee or SpaghettiOs
Canned Peaches in 100% Juice	Canned Sugary Fruit Cocktail
Healthy Breakfast Cereal with No Sugar Added	Sugary Breakfast Cereal

Make a cash donation to support the bulk purchase of healthy MyPlate items for hungry Milwaukee families at HungerTaskForce.org.

THINK, DONATE, HOST

Healthy!

CURRENT FOOD DONATIONS:



30% Non-MyPlate donations

Help us reach our goal to receive
100% MyPlate
donations
this Food For Families season!

70% MyPlate donations

HOST A HEALTHY MyPlate FOOD DRIVE!

Excited to help collect healthy foods but not sure where to start? Choose one of the themed food drives below for your workplace, church group, book club or with friends and family!

Grains



- Gotta Whole Lotta Grains Drive
- Rice, Rice Baby Drive

Fruit



- Fruity for Free & Local Drive
- Give Peach a Chance Drive

Vegetables



- "Eat Your Veggies!" Drive
- Green Bean Packer Drive

Protein



- Pump Up the Protein Drive
- Peanut Butter-Palooza Drive

Dairy



- Macho Milk Drive

Healthy Snacks



- Snack Attack Drive

Contact Dara LaMere to make your Healthy MyPlate Food Drive a success!
dara@HungerTaskForce.org or 414.238.6473