

Helpful Tips:

- Save money by buying fresh fruits and vegetables that are in season.
- Add leftover produce to casseroles or soups so food doesn't go to waste.
- Blend fresh fruits and leafy greens to make a healthy, refreshing smoothie.
- Don't overspend when shopping. Plan a menu and buy groceries accordingly.
- Go home directly after shopping and store items in the refrigerator to keep produce crisp.
- Wash fruits and vegetables thoroughly with cold water for 1 minute or until all dirt and dust is removed before eating or cooking.
- Want to grow your own herbs and vegetables? You can buy seeds and plants with your EBT card!
- Looking for recipe ideas? Visit: www.hungertaskforce.org/what-we-do/nutrition-education/recipes/

**Hunger Task Force believes
that every person
has a right
to adequate food
obtained with dignity.**

**Do you know of a Farmers Market
that would like to accept EBT
(FoodShare) transactions?**

Please contact:
Maureen Fitzgerald
Director of Advocacy
Hunger Task Force
414-238-6475



Your Guide to Milwaukee's Farmers Markets



HungerTaskForce.org



Brown Deer Farmers Market

9078 N. Green Bay Rd.
Brown Deer, WI 53209
July 13 - September 28
Wednesdays 9am – 5:30pm
EBT/FS, WIC & SFMNP

Cathedral Square Market

520 E. Wells St.
Milwaukee, WI 53202
June 15 - October 12
Saturdays 9am – 1pm
WIC

Cudahy Farm Stand

5050 S. Lake Drive
Cudahy, WI 53110
June and July
Tuesdays & Thursdays 9:00am - 4:00pm
WIC & SFMNP

Fondy Farmers Market

2200 W. Fond du Lac Ave.
Milwaukee, WI 53206
May 11 – June 15:
Saturdays 9:00am-12:00pm
June 22 – Oct. 31:
Tues., Thurs. & Sun.
9:00am-3:00pm Saturdays 7:00am-3:00pm
November 2 - November 23
Saturdays 9:00am - 3:00pm
**EBT/FS Market Match,
WIC & SFMNP**

Fox Point Farmers Market

7300 N. Lombardy Rd.
Fox Point, WI 53217
June 15 – October 12
Saturdays 8:00am - 12:00pm
WIC & SFMNP

Greendale Downtown Market

Village Center, 5602 Broad St.
Greendale, WI 53129
June 16 – October 6
Saturdays 8:00am-12:00pm
WIC & SFMNP

**Greenfield Farmers Market**

Konkel Park, 5151 W. Layton Ave.
Greenfield, WI 53220
May 5 – October 27
Sundays 10:00am – 2:00pm
EBT/FS, WIC & SFMNP

Near Westside Farmers Market

3600 W. Juneau
Milwaukee, WI 53208
June 20 - September 26
Thursdays 3:30pm – 6:30pm
**EBT/FS Market Match,
WIC & SFMNP**

Oak Creek Farmers Market

361 W. Town Square Way
Oak Creek, WI 53154
June 1 – October 19
Saturdays 9:00am - 1:00pm
**EBT/FS Market Match,
WIC & SFMNP**

Riverwest Gardeners Market

Garden Park, 821 E. Locust St. Milwaukee,
WI 53212
June 2 – October 27 (no market June 9)
Sundays 10:00am - 3:00pm
EBT/FS

Shorewood Farmers Market

Lake Bluff Elementary School Playground
1600 E. Lake Bluff Blvd.
Shorewood, WI 53211
June 16 – October 27
Sundays 9:30am - 1:00pm
EBT/FS, WIC & SFMNP

South Milwaukee Downtown Market

Corner of 11th & Milwaukee
Avenue South Milwaukee, WI 53172 May
30 – October 10
Thursdays 3:00pm - 7:00pm
WIC & SFMNP

South Shore Farmers Market South

Shore Park, 2900 S. Shore Dr.
Milwaukee, WI 53207
June 15 – October 26
Saturdays 8:00am - 12:00pm
WIC & SFMNP

Tosa Farmers Market

7700 Harwood Ave.
Wauwatosa, WI 53213
(City Parking Lot in Village)
June 1 – October 12
Saturdays 8:00am - 12:00pm
**EBT/FS Market Match,
WIC & SFMNP**

Walker Square Farmers Market

1031 S. 9th St.
Milwaukee, WI 53204
June 16 – October 31
Thursdays & Sundays 7:00am - 3:00pm
EBT/FS, WIC & SFMNP

West Allis Farmers Market

6501 S. 65th St.
Milwaukee, WI 53214
May 4 – November 30
Tuesdays & Thursdays 12:00pm - 6:00pm
Saturdays 1:00pm - 6:00pm
EBT/FS, WIC & SFMNP

Jackson Park

3500 W. Forest Home Ave
Milwaukee, WI 53215
June 13-September 26
Thursdays 3:00pm - 6:30pm
SFMNP

**City of Milwaukee Health
Dept. WIC Farm Stands****Northwest Health Center**

7630 W. Mill Rd.
Milwaukee, WI 53218
June 24 – September 23
Mondays 10:00am - 2:00pm
WIC & SFMNP

Keenan Health Center

3200 N. 36th St.
Milwaukee, WI 53218
June 25 – September 24
Tuesdays 10:00am - 2:00pm
WIC & SFMNP

Southside Health Center

1639 S. 23rd St.
Milwaukee, WI 53204
June 26 – September 25
Wednesdays 10:00am - 2:00pm
WIC & SFMNP

KEY**EBT/FS: FoodShare**

FoodShare
WISCONSIN



Market Match: Doubles the amount
of fresh produce you can purchase
when you use your EBT/FS at the
market

**WIC: Supplemental Nutrition
Program for Women, Infants
and Children**

**SFMNP: Senior Farmers' Market
Nutrition Program***

*Vendor participation subject to change.