



HUNGER CONNECTION

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Together, We're Making a Difference

The Hunger Task Force Farm

POWERED BY HARLEY-DAVIDSON



Fall harvest at The Farm is in full swing! Over 4,000 volunteers have already dug in this season to help Hunger Task Force grow and distribute nearly 100,000 pounds of fresh produce through our network of pantries, soup kitchens, shelters and senior centers. Of these volunteers, long-time partner and signature sponsor of The Farm, Harley-Davidson, has brought groups out in full force to make sure local families have access to fresh produce from The Farm.

Hunger Task Force plans to see many more volunteers as we finish harvesting through mid-November and continue growing crops into winter in our hoop houses.

During the harvest, we need the community's help more than ever. A gift helps The Farm finish the harvest strong, and puts healthy fruits and vegetables on the table for local families.

>> Make your harvest gift to The Farm today at HungerTaskForce.org.



OVER
100,000
POUNDS OF FOOD HARVESTED
& DISTRIBUTED TO PANTRIES,
MEAL SITES, SHELTERS &
SENIOR CENTERS!



Bringing Education to the Kitchen



TEACHING STUDENTS AT THE FARM

Hunger Task Force hosts a Farm-to-School Nutrition Education Program for more than 250 children every other week during the growing season. Students take part in caring for the 28-bed school garden, and receive hands-on experience planting and harvesting fruits and vegetables. They learn to make healthy recipes with their fresh-picked produce in The Farm's professional-grade kitchen facility. Dietitian Educator Kate Holter teaches students essential kitchen skills, applying math and science to recipe creation, and taste-testing their finished meals, offering a holistic experience to gardening and food.

"Before I came to The Farm, I didn't even know what asparagus was. But now that I've tried it, I love it!"

– 5th grader from Story Elementary

Notes From the Kitchen

Nicole Weeks, Community Network Dietitian for Hunger Task Force's emergency food network, supports MyPlate education to volunteers and clients alike by providing hands-on lessons, educational materials and healthy food samplings.

These sampling sessions have a big impact because they teach that healthy meals can be tasty. This summer, 46 sessions at 19 pantry sites have provided recipes, cooking tips and tasty samples with nearly 1,000 individuals.

"My two kids liked the sample so much, I had to promise to make it at home."

– Food pantry client at All Saints Food Pantry

The recipes for the programs must be simple, use only a handful of ingredients, incorporate items readily available to pantry clients and fit into a hectic schedule.



Food For Families

MILWAUKEE'S ORIGINAL HOLIDAY FOOD DRIVE



Food For Families is Back!

From October 1-December 31, Hunger Task Force is teaming up with the Milwaukee community to raise healthy food and cash donations for the hungry.

Local businesses and organizations have long been mainstay supporters of Food For Families. Johnson Controls—Food For Families sponsor since 2006—kicks off each season with a company-wide food drive during the first week of October.

“Johnson Controls is proud to lead the charge to collect healthy food donations for Milwaukee’s hungry,” says Grady Crosby of Johnson Controls.

“I challenge all local corporations and organizations to organize food drives and fundraisers for Hunger Task Force at their offices. Together, our teams can make a huge impact and help thousands of families in need.”

– Grady Crosby



Grady Crosby, VP Public Affairs & Chief Diversity Officer for Johnson Controls



There are two great ways to get involved in Food For Families:

1.

Host a MyPlate food drive at your office, school or place of worship.

2.

Donate money to help Hunger Task Force purchase and deliver healthy food. Cash donations are especially important because they help Hunger Task Force provide healthy foods to local pantries free of charge. No other food bank in Milwaukee is Free & Local and community supported!



>> Register your Food For Families drive or make a donation today at HungerTaskForce.org.



Individual Donors = Huge Impact

Hunger Task Force is supported by thousands of individuals who give year after year. The average donor gives \$75-\$100 each year. Glynda Ard is a Legal Support Supervisor at Foley & Lardner. She has supported Hunger Task Force as a donor since 2007, and also organizes fundraisers and food drives at the firm. We caught up with Glynda to ask her a few questions as we head into the busy holiday season.

Q: Why do you support Hunger Task Force each year?

A: No one should ever be without food. I believe Hunger Task Force works hard to provide meals to those in need, especially children. It heals my heart to be able to help Hunger Task Force accomplish their mission by giving back to the community, volunteering and donating anything I can.

Q: What would you say to someone who can only give a little and thinks their donation won't make a difference?

A: Never feel any donation is too small. Every little bit helps, no matter how much you give.

Q: What are ways you can rally your workplace to get involved?

A: Getting others involved maximizes donations. Workplace giving is easy and you can actually have fun doing it.

We Need Your Help!

THIS FOOD FOR FAMILIES SEASON, HUNGER TASK FORCE NEEDS FOOD DONATIONS FROM THESE THREE CATEGORIES:



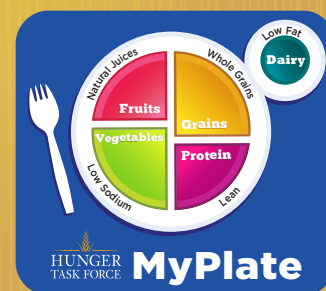
Low Sodium Vegetables

Lean Tuna and Chicken packed in water



Low Sugar Breakfast Cereal

WE SIMPLY DON'T GET ENOUGH OF THESE FOODS DONATED DURING FOOD FOR FAMILIES. HELP HUNGER TASK FORCE ROUND OUT HEALTHY BREAKFAST, LUNCH AND DINNER FOODS FOR KIDS AND FAMILIES DURING THE HOLIDAYS.



>> Send a gift in the enclosed envelope or make your gift online at HungerTaskForce.org.

END HUNGER AT EPIC FALL EVENTS

There are many ways to help feed Milwaukee's hungry this season. When you donate to Hunger Task Force during the holidays, you'll feel good and have fun, too!

Rexnord Turkey Ticker Challenge **November**



Milwaukee's one and only Turkey Challenge is back! All November, Rexnord is matching every turkey donation—cash or the festive frozen bird itself—for local families during the holidays.

REXNORD

Kick Hunger Challenge **November 4**



Mingle with Packer players while Sanford chef Justin Aprahamian cooks you delicious dinner at one of Milwaukee's most unique venues—The Magnet Factory.



WISN Food For Families Phone Bank **November 26-27**



Dial up to help local families facing hunger with WISN during the original Thanksgiving phone bank!



CBS 58 Thanksgiving Drive Thru Food Drive **November 27**



Before you head out for the holiday, drop off your donations and meet your favorite local celebs at Miller Park for the biggest food drive in town.



Turkey Trot **November 28**



Forget the backyard football game—the Turkey Trot is the only workout you need before turkey dinner, plus proceeds benefit Hunger Task Force!



12 Bars of Charity **December 20**



Milwaukee's awesome holiday pub-crawl challenge is back and Hunger Task Force is returning to defend our title. \$15 from each ticket sold goes back to Free & Local to end hunger.



>> To get involved with these events or purchase tickets, visit HungerTaskForce.org.



TOUCHDOWN!

This football season, Sargento and the Packers are a winning combination as they team up to fight hunger through the Touchdowns for Hunger program. Each time the Pack scores a touchdown this year, Sargento will donate \$1,000 to Hunger Task Force to help feed hungry families. We're grateful for Sargento's generous support and thrilled to have Packers running back Aaron Jones support the campaign! Go Pack Go!

HUNGER RELIEF FUND OF WISCONSIN

The Hunger Relief Fund of Wisconsin is a workplace giving program that supports a network of Free & Local partners throughout Wisconsin. Donations to Hunger Relief Fund help these food banks, food pantries and anti-hunger organizations purchase food and fuel their missions to end hunger.

"The Turkey Club just received our check of \$665 from the Hunger Relief Fund," says President Patrick Mickelsen. "I can't tell you how much this means to us. We are going to be able to provide 2,400 families with turkeys this year thanks, in part, to these donations."

Choose the Hunger Relief Fund of Wisconsin on your workplace giving form this fall. As the fund administrator, Hunger Task Force covers all administrative costs so 100% of your gift is passed through to the charity of your choice.

>> Contact Bard Meier at 414.238.6470 to have Hunger Relief Fund included on your workplace giving form.



HUNGER TASK FORCE FREE & LOCAL

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Hunger Task Force believes that every person has a right to adequate food obtained with dignity. We work to prevent hunger and malnutrition by providing food to people in need today and by promoting social policies to achieve a hunger free community tomorrow.

Hunger Task Force, Inc. is an equal opportunity employer and provider. We do not discriminate on the basis of sex, race, religion, age, sexual orientation, marital status, national origin, ancestry, citizenship, or disability, or any other category protected by law.

Thanks to Burton & Mayer who donated printing to offset the cost of creating this newsletter.

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Make a donation online:
HungerTaskForce.org

Holiday Cards Are Back!



Plan ahead this holiday season and order your holiday cards early!

The Hunger Task Force Holiday Cards program is an excellent way to support feeding Milwaukee's hungry while sharing good cheer with your friends and neighbors. All cards can include customized messaging. Plus, all proceeds benefit Hunger Task Force!

>> Order your Holiday Cards online at HungerTaskForce.org Oct. 1 – Dec. 31!