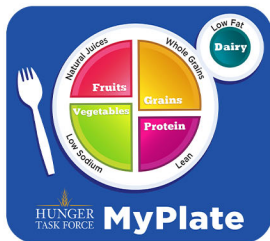
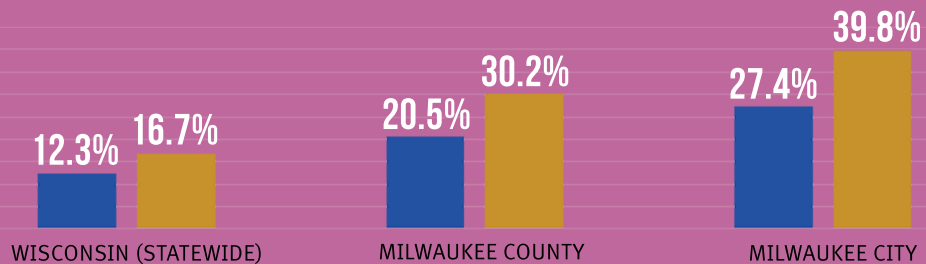


HUNGER TASK FORCE SNAP-Education

HUNGER LANDSCAPE IN WISCONSIN



POVERTY
CHILDHOOD
POVERTY



Hunger Task Force's MyPlate initiative provides nutrition education for individuals, groups and families who visit agency-affiliated network partner sites. The Community Network Dietitian supports the healthy eating model through "Train the Trainer" activities, nutrition education classes and monthly food samplings—new in 2019. This programming aims to inform and engage MyPlate pantry patrons, volunteers, staff and donors.

MyPlate IN THE COMMUNITY

FOOD PANTRIES

36 OF **68**

Pantries in the network are MyPlate food pantries



5

New MyPlate food pantries in 2018-19

NEW IN 2019

128

MyPlate recipe samplings were held, serving more than 3,000 individuals



22

MyPlate nutrition education classes held

INFORMATIONAL
GIVEAWAYS



1,575

MyPlate reusable shopping bags

1,000

EACH
OF

MyPlate magnets and shopping lists

HUNGER
TASK FORCE

MyPlate

MYPLATE
IMPACT



218

total nutrition education program survey participants

22%

learned information about MyPlate from the nutrition education class

90%

retained new MyPlate knowledge for one year



Nutrition Education in the Classroom

HUNGER TASK FORCE
FREE & LOCAL

FARM TO SCHOOL PROGRAM



Hunger Task Force operates a nutrition education program for Milwaukee Public Schools students, both in the classroom and at the Hunger Task Force Farm, throughout the year. During the school year, the Dietitian Educator visits classrooms to teach students the importance of healthy eating and physical activity. Students also take regular field trips to The Farm, where they learn to harvest, prep and cook food they've grown.

BY THE NUMBERS

685

students participated in the Farm to School program



nutrition education & cooking classes given to students



271

2,620

minutes of student exercise on The Farm's play equipment



NEW OPPORTUNITIES

90%

of students had never harvested an apple directly from the tree, i.e. "apple picking"



"Apple picking is life-changing for these students. It's an experience so many of them would not have had otherwise."

~ MPS Teacher

13+

varieties of produce planted in the 28-bed school garden

Cherry Tomatoes
Brussel Sprouts
Peas
Strawberries

Red Russian Kale
Broccoli
Cauliflower
Watermelon

Sweet Peppers
Spaghetti Squash
Sour Gherkin
Carrots

Herbs (Lavender, Sage, Basil, Thyme, Rosemary)



FARM TO SCHOOL
IMPACT

223

Total Survey Participants

77%

of survey respondents said they planned to add more fruits and vegetables to every meal

78%

of survey respondents wanted to start their own garden after completing the curriculum